

Lecture on “Reflections on Happiness and Positive Thinking”



The Deanship of Student Affairs at Al Falah University organized a lecture entitled “Reflections on Happiness and Positive Thinking” based on the book by His Highness Sheikh Mohammed Bin Rashid, delivered by Dr. Asma Al Sayegh.

Dr. Al Sayegh discussed during the lecture how the book presented a true approach to the concepts of successful work, which contains thoughts that inspire happiness and brings hope for a better future. She also stated that the book contains simple and concise words and offers a deep and effective idea. She also believed that the book would be a great guide for societies especially for the youth because of its positive energy, which stimulates optimism and excellence.

Towards the end of the lecture, she reviewed some of the book’s phrases that are inspirational, noting at the same time the book’s powerful presentation and intellectual dimension, but still prepared in a simple way that enables each reader to understand the meaning effectively.

For more Visit: <https://bit.ly/35NGwG6>

Tags: Featured News